



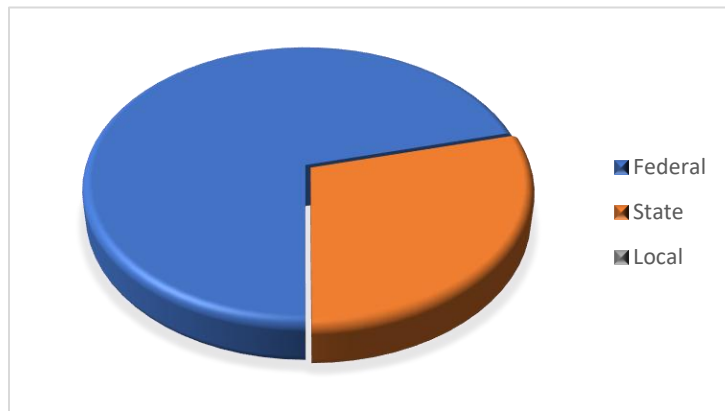
Three Rivers Community Action, Inc.
Annual Report to the Public
Program Year 5/1/2024-4/30/2025

Head Start Revenues 2024-25

<u>Funding Source</u>	<u>Amount</u>
Federal	2,236,973.57
State	912,191.77
Local	575.00
Total Funds Received	\$3,149,740.34

Proposed 2025-2026 Budget Compared to 2024-2025 Budget

Budget Category	Actual 24-25%	Proposed 25-26%
Personnel	47.16%	49.01%
Fringe Benefits	26.00%	28.93%
Travel	.34%	.24%
Equipment	.00%	.00%
Supplies	2.77%	1.62%
Contractual	3.05%	2.34%
Other	20.68%	17.85%
Totals	100%	100%



Audit

Three Rivers Community Action Inc.'s most recent audit can be found at ThreeRiverscap.org under the **About Us** tab.

Enrollment

	<u>Federal</u>	<u>State</u>	<u>Total</u>
Funded Enrollment	169	22	191
Average Monthly Enrollment	97%		
Cumulative enrollment	for 2024-25 was 212 . This includes children who enrolled and dropped during the school year.		
Disabilities	16% of funded enrollment		

Monitoring Review

Three Rivers Community Action, Inc. Head Start program received a FA 1 monitoring review in June 2025.

Medical and Dental Exams

Number of enrolled children that received medical and dental exams. These numbers include all children that were enrolled in Head Start at some point during the school year.

Up to date on immunizations: 164

Dental Exams completed: 203

The children that did not receive a dental exam dropped from the program 8

Physical Exam completed: 204

Demographics

Gender:

52% Girls

48% Boys

Primary Language:

67% English

22% Spanish

11% Arabic African Language

Race:

27% White/non-Hispanic

42% White/Hispanic or Latino

17% Black or African American

4% Bi-racial/Multi-racial/non-Hispanic

8% Bi-racial/Multi-racial/Hispanic

1% Asian

1% AI/AN

IEP:

16% of funded

Age or Class/Grade:

Age 4 by 9/1/22 40%

Age 3 by 9/1/22 47%

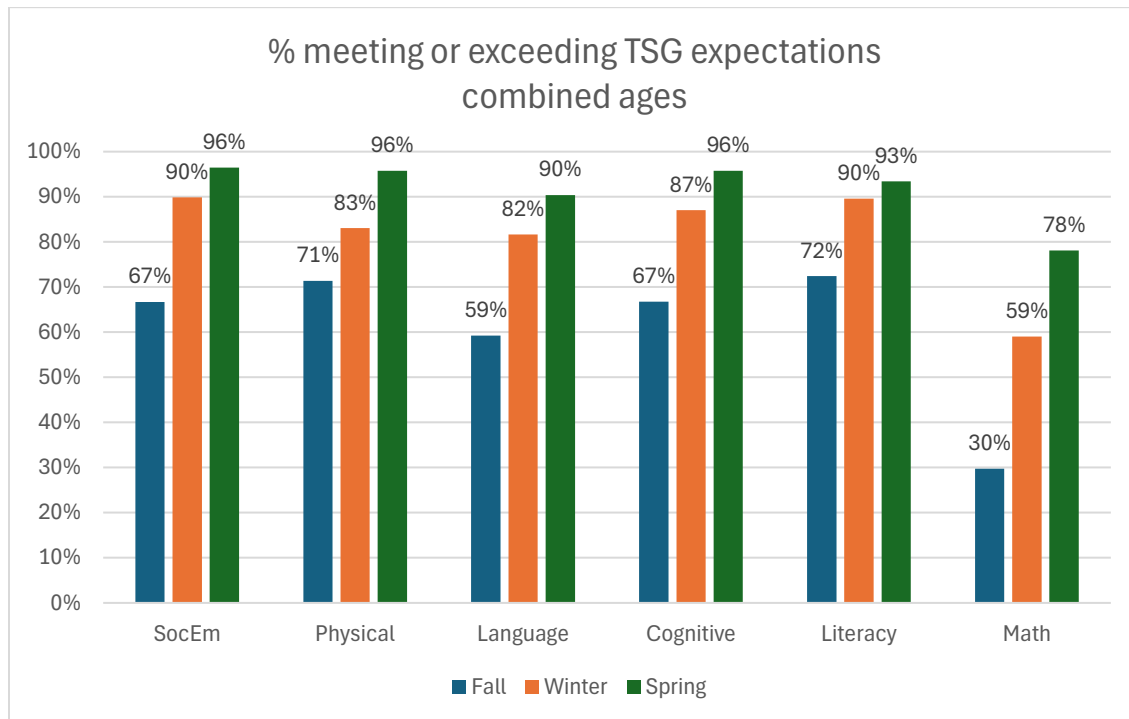
Turned 3 after 9/1/22 13%

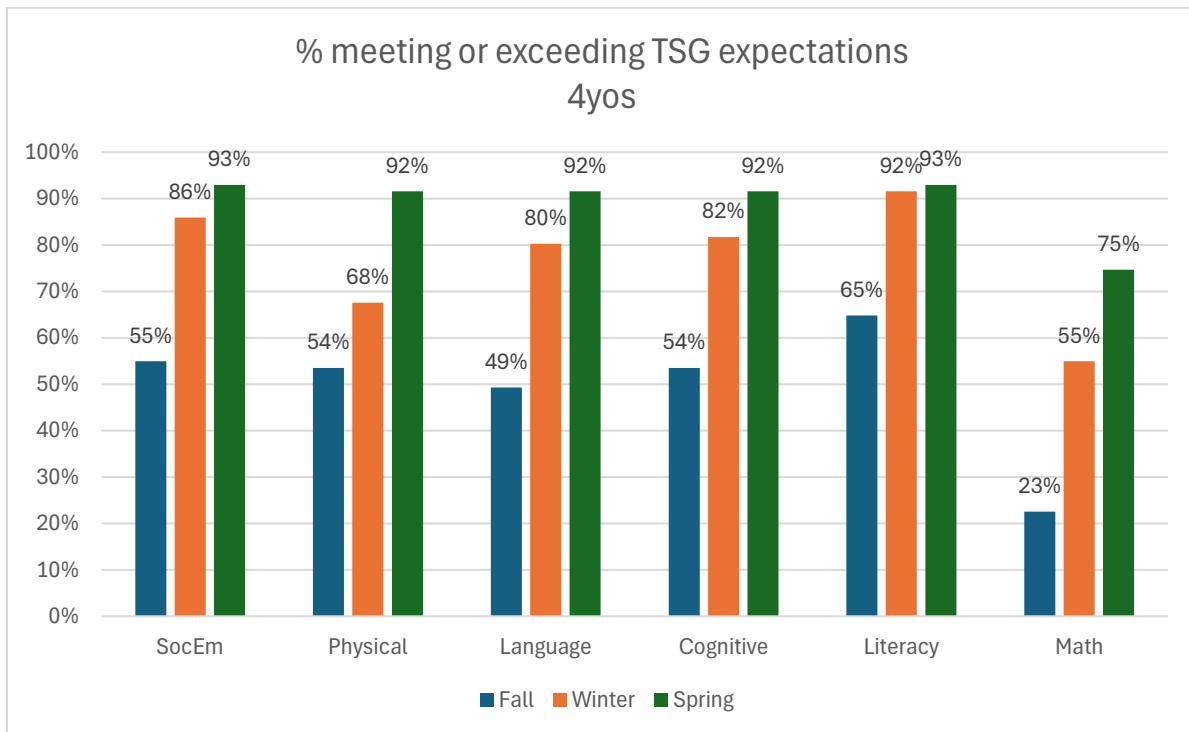
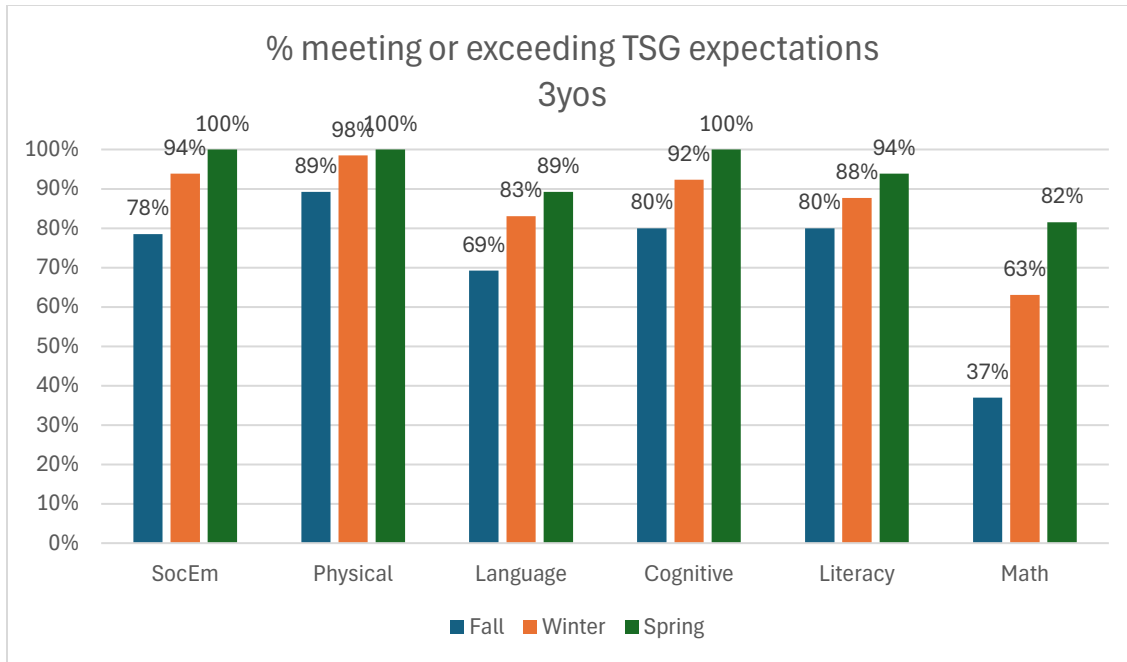
Efforts to Prepare Children for School

The overall program goal for the 2024-25 program year was for 85% of the children to be meeting or exceeding the widely held expectations (meeting or exceeding the color band range for their age) set by the TSGold assessment tool.

Child Progress from Fall 2024 to Spring 2025

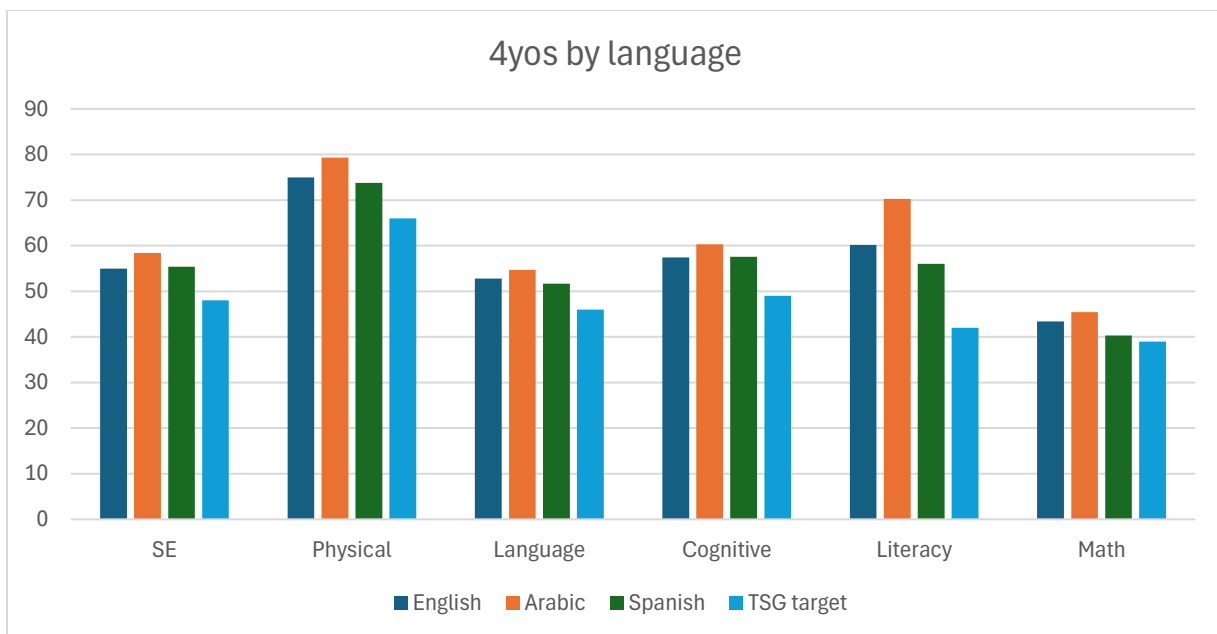
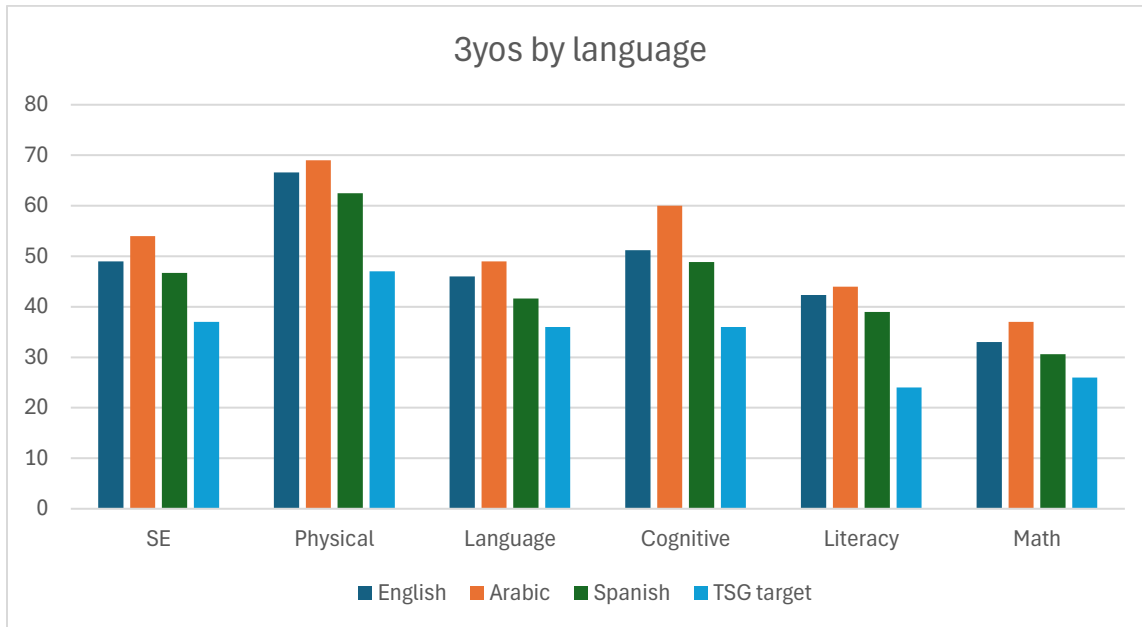
This year's child outcomes data was collected from children enrolled in the full 2024-2025 program year.





Language and child outcomes

Child outcomes for dual language learners were analyzed below. Further breaking out the data by language gives the following results:



Three Rivers Community Action, Inc. Head Start program upgraded its assessment tool to Teaching Strategies Gold in 2011. The upgrade was made to keep up with the new requirements and the need to produce data in a timelier manner. As a member of the Minnesota Head Start Association's Quality Assessment User Group (now called Child and Family Outcomes Group), Three Rivers Head Start followed the User Group's recommendation and adopted Teaching Strategies Gold in order to participate in state-wide School Readiness data collection.

In fall 2013, all staff received training on *Creative Curriculum for Preschool*, 5th Edition (from Teaching Strategies, Inc.), and started implementing the curriculum in their lesson planning. Teachers received additional curriculum training in fall 2015. Teachers also use *Conscious Discipline*, a social-emotional learning and classroom management program which teaches children self-regulations and provides additional support in the Social Emotional developmental area. *Conscious Discipline* parenting education curriculum is also used to improve parenting knowledge and skills, increase parents' ability to manage their own emotions and respond to children's challenging behaviors.

Three Rivers Head Start ensures that data is accurately rated by requiring teaching staff to complete TS Gold's online Inter-rater Reliability certification. Teachers first became certified in fall 2012 and now must be re-certified every two years, contributing to the overall validity of the data.

In addition, Professional Development coordinators complete *Creative Curriculum for Preschool* and *Teaching Strategies Gold Fidelity Tool for Administrators* with each teacher. They began using this fidelity tool in winter 2016.

After data finalization in fall 2021 and winter and spring of 2022, data debrief meetings were held with teaching teams. The week after teachers finalize child outcomes for a checkpoint period, the Education coordinator relays program-wide child outcome information to teaching and administrative staff. The Education coordinator meets individually with teachers about their classroom data so teachers can plan for individualizations and adjust the curriculum to meet children's needs. Additional data is also analyzed with the child outcomes data, including attendance, in-kind calendars, family goals and outcomes, etc.).

Since the 2012-13 winter checkpoint, we have been providing teachers with a report prepared by the data analyst hired by MHSA for the School Readiness project. The report lists children who are at highest risk for not meeting developmental targets for kindergarten, based on their fall checkpoint scores and potential growth mitigated by their risk factors. Teachers use the information to plan individualizations for this small group of children to ensure that they are ready to enter kindergarten by the end of Head Start's program year.

Parent, Family and Community Engagement Report

Year-end 2025

This report is organized according to the seven family outcomes of the PFCE Framework. Families set goals at fall home visits, winter conferences, spring home visits, and spring conferences.

Family Outcome #1: FAMILY WELL-BEING: Parents and families are safe, healthy, and have increased financial security.

- Families set **7 health**-related goals in three areas.
 2. Nutrition: 5 goals set / all goals partially met (eat meals as a family, healthy snacks)
 3. Exercise: 1 goal set & ongoing (play outside)
 4. Health: 1 goal set & ongoing (mental health referral)
- Families set **18 goals** related to
 - Housing (find, move): 7 goals set / 3 goals completed
 - Energy Assistance (EAP): 10 goals set / 8 completed
 - As of May 15, 2025, 41 families received \$24,635.00 in Energy Assistance. Eight families whose children are enrolled in Early Head Start home visiting received \$6304.00. The EAP program is federally funded by LIHEAP (Low Income Home Energy Assistance Program) and administered by Three Rivers for the MN Department of Commerce.
 - Financial:
 - 1 goal set (enroll in WIC), goal completed
 - In May 2024, Three Rivers Early Childhood programs began distributing diapers from the Diaper Bank housed at the Community Action Center (CAC) in Rice County. The CAC is a supply and distribution hub for the Diaper Bank of Minnesota, a member of the National Diaper Bank Network. Since May 2024, Three Rivers has distributed 10,353 sleeves (packages) of diapers to families in our service area (Head Start families and family childcare partners in Rice County plus families participating in Early Head Start home visiting) – that's 258,235 diapers.

Data sources: ChildPlus Family Service Event/Family Goal: Family Goal – Other, Family Goal - Well-being, CAP60 (Three Rivers agency-wide database)

Family Outcome #2: POSITIVE PARENT-CHILD RELATIONSHIPS: Beginning with transitions to parenthood, parents and families develop warm relationships that nurture their child's learning and development.


- Develop warm family relationships (spend more time together/family activities): 4 goals set, 3 partially met
- Literacy-related (read together): 4 goals set; 1 goal completed, 3 ongoing
- Support children's growing independence: 33 goals / 10 completed
 - Potty training – 22 goals set / 10 completed
 - Bedtime routine/sleeping – 4 set/all partially met
 - Do chores/pick up – 7 goals set / 3 partially met




*Data sources: ChildPlus Family Service
Event/Family Goal: Family Goal – Other,
Family Goal – Parent/child, School
Readiness Goal - Other*

Family Outcome #3: FAMILIES AS LIFELONG EDUCATORS: Parents and families observe, guide, promote, and participate in the everyday learning of their children at home, school, and in their communities.

- Parents set **140 goals** to support their children's development in **literacy**; 65 were completed.

Literacy area	# goals set	# completed	# partially met	
Recognize name, letters in names or letters in general	67	23	37	
Trace or write names (first name and/or last name) or letters of the alphabet (upper case/lower case)*	63	38	18	
Phonological awareness (letter sounds, sounding out words, rhyming, learn to read)	7	1	5	
Other (language-related): use more language/words, use more English, speak more clearly, engage in conversations)	3	3	4	

- Parents set **117 goals** to support their children's learning in **math**; 65 were completed.

	Math area	# goals set	# completed	# partially met
	Count to 5, 10 or higher	40	27	11
	Recognize numbers	41	22	17
	Recognize shapes	28	11	15
	Other (classify/sort, add/subtract, patterns, quantify)	8	5	3

- Parents set **67 goals** in the areas below to support their children's growth in other areas; 26 were completed.


Area		# goals set	# completed	# partially met
Learn colors		14	6	8
Fine motor skills		16	10	6
Social-emotional skills (share, follow directions, name feelings, take turns)		30	9	17
Self-help/independence		7	1	6

Parents and guardians contribute to the in-kind match for our Federal grant by supporting their children's learning at home. This school year, 118 parents reported hours that added up to \$48,317.07 toward the match.

Data sources: ChildPlus Family Service Event/Family Goal: Family Goal – Parent/child, School Readiness Goal – Literacy, Math, Other; ChildPlus in-kind report, Learning Genie in-kind report

Family Outcome #4 FAMILIES AS LEARNERS: Parents and families advance their own learning interests through education, training and other experiences that support their parenting, careers, and life goals.

- Parents set goals for their own learning in the following areas:

		# goals set	# completed
Finish GED		1	ongoing
Get new job		1	1
total		2	1

Data source: ChildPlus Family Service Event/Family Goal: Family Goal - Learning

Family Outcome #5: FAMILY ENGAGEMENT IN TRANSITIONS: Parents and families support and advocate for their child's learning and development as they transition to new learning environments, including Early Head Start to Head Start, EHS/HS to other early learning environments, and HS to kindergarten through elementary school.



Transition Goal type	# goals set	# completed
Other (to other preK program, transition to summer)	6	6
To Head Start	3	2
To 2 nd /3 rd year Head Start	55	50
To Kindergarten	51	46
total	115	104

Data Source: ChildPlus Family Service Event/Family Goal: Transition Goal – Other, Transition to Head Start, Transition to 2nd/3rd year Head Start, Transition to K

Goals summary: 515 set, 285 (55.33%) completed

Family Outcome #6: FAMILY CONNECTIONS TO PEERS AND COMMUNITY: Parents and families form connections with peers and mentors in formal or informal social networks that are supportive and/or educational and that enhance social well-being and community life.

Parent/Family events held fall 2024 - spring 2025

- September: Open houses in Faribault, Red Wing
- October: Parent-Child Activity Days and Parent center committee meetings in Red Wing
- November:
 - Mental health parent meetings in Red Wing and Zumbrota with Andrea (Covered Bridge Family Services, Zumbrota)
- December: Parent-child activity day in Lake City.
- January:
 - Andrea met with parents in Lake City.
 - Theresa (Fernbrook Family Services) was available to meet with parents to talk about any mental health topics at pick up and drop off times in Faribault and Northfield mid-month.
 - Coffee/Cocoa for parents and a “snack” of Conscious Discipline took place in Northfield on January 21 & February 3 and in Faribault on January 23 & February 5. Edna brought a huge box of yummy baked goods as a special treat for parents on Feb. 5. Thanks so much, Edna!! Parents loved them!
 - Parents of five or six children attended Conscious Discipline parent sessions in Zumbrota on January 15, 22 and 29. Three more sessions are in the planning stages for March and April, based on parents’ feedback.
 - Red Wing held a late afternoon movie & popcorn family event.
- February:
 - Zumbrota held a family literacy event on February 3.
 - Lake City held a Parent-Child Activity Day on February 5.
 - Red Wing classrooms held Parent-Child Activity Days on February 13.
 - Angela’s family and Dawn advocated for Head Start in St. Paul on February 19 for Head Start “Day at the Capitol.” They met with Sen. Bill Lieske from Lonsdale.
- March/April:
 - The Zumbrota class hosted an art show for parents on March 6.
 - Coffee/Cocoa for parents and a “snack” of Conscious Discipline took place in Northfield on March 3, 17, 31 & April 14 and in Faribault on March 6, 20 & April 17.
 - Katie (Zumbrota) and her family attended the MN Head Start Association’s Parent Conference at Cragun’s in Brainerd April 1 – 4.
 - Parent-Child Activity Days in Northfield (April 3), Faribault (April 10), and Zumbrota (April 10)
 - Northfield and Faribault welcomed the Very Hungry Caterpillar to family literacy events on April 17 and 18.
- May:
 - Final parent coffees in Faribault May 1 and 15 and in Northfield May 12.
 - Faribault children took field trips to Alexander Park where their parents met them to play (May 8, 12, 13 and 14).
 - End of year celebrations and graduations happened on May 15 in all Head Start locations except Lake City where the event was cancelled due to bad weather moving through.

Data source: Sign-in sheets

Family Outcome #7: FAMILIES AS ADVOCATES AND LEADERS: Parents and families participate in leadership development, decision-making, program policy development, or in community and state organizing activities to improve children's development and learning experiences.

- Six Policy Council meetings were held this program year (August, October, December, January, March and May).
- Edna joined the Three Rivers Board of Directors in January as the liaison from Head Start Policy Council.
- Teachers and other staff shared NHSA's call for advocacy with all parents.

Data sources: Policy Council minutes