



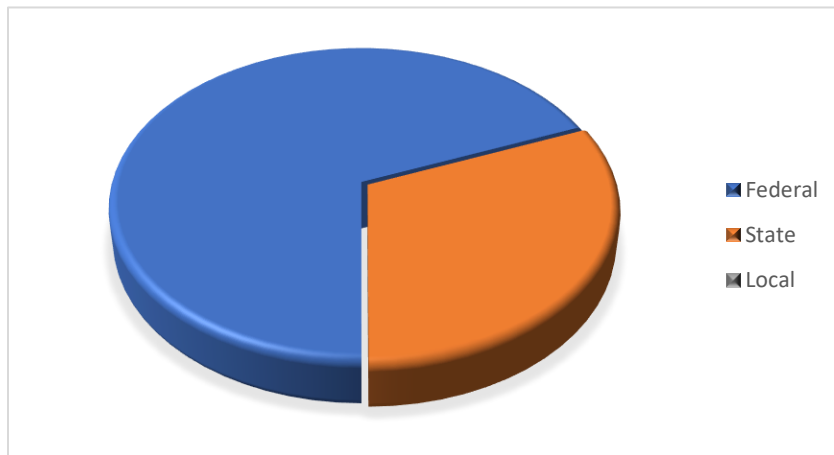
Three Rivers Community Action, Inc.
Annual Report to the Public
Program Year 5/1/2025-4/30/2026

Head Start Revenues 2025-26

<u>Funding Source</u>	<u>Amount</u>
Federal	\$2,222,536.77
State	\$1,005,279.02
Local	\$225.00
Total Funds Received	\$3,228,040.79

Proposed 2026-2027 Budget Compared to 2025-2026 Budget

Budget Category	Actual 25-26%	Proposed 26-27%
Personnel	47.96%	50.82%
Fringe Benefits	29.14%	29.95%
Travel	.24%	.36%
Equipment	.00%	.00%
Supplies	2.07%	1.01%
Contractual	4.35%	.57%
Other	16.24%	17.29%
Totals	100%	100%



Audit

Three Rivers Community Action Inc.'s most recent audit can be found at ThreeRiverscap.org under the **About Us** tab.

Enrollment

	Federal	State	Total
Funded Enrollment	169	22	191
Average Monthly Enrollment	97%		
Cumulative enrollment	for 2025-26 was 204 . This includes children who enrolled and dropped during the school year.		
Disabilities	17% of funded enrollment		

Monitoring Review

Three Rivers Community Action, Inc. Head Start Preschool program did not receive a monitoring review during the 2025-2026 school year.

Medical and Dental Exams

Number of enrolled children that received medical and dental exams. These numbers include all children that were enrolled in Head Start at some point during the school year.

Up to date on immunizations: 161

Dental Exams completed: 193

The children that did not receive a dental exam dropped from the program 5

Physical Exam completed: 202

Demographics

Gender:

50% Girls
50% Boys

Primary Language:

69% English
22% Spanish
1% French
8% Arabic African Language

Race:

25% White/non-Hispanic
47% White/Hispanic or Latino
20% Black or African American
3% Bi-racial/Multi-racial/non-Hispanic
8% Bi-racial/Multi-racial/Hispanic
2% Asian

IEP:

17% of funded

Age or Class/Grade:

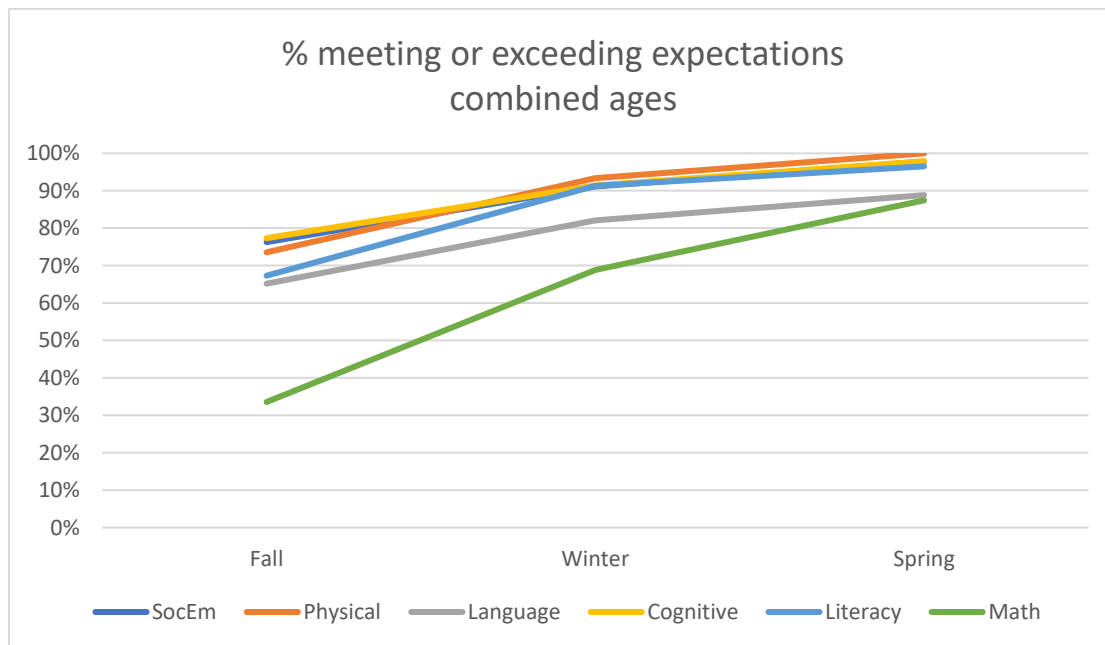
Age 4 by 9/1/22 43%
Age 3 by 9/1/22 42%
Turned 3 after 9/1/22 15%

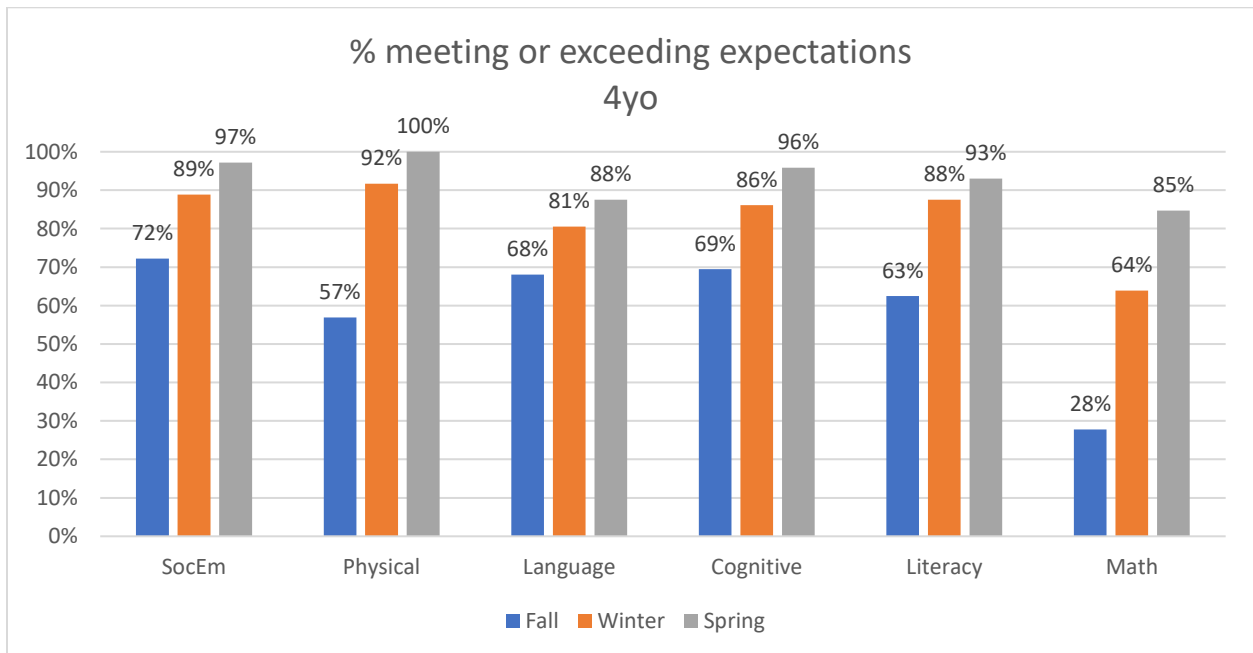
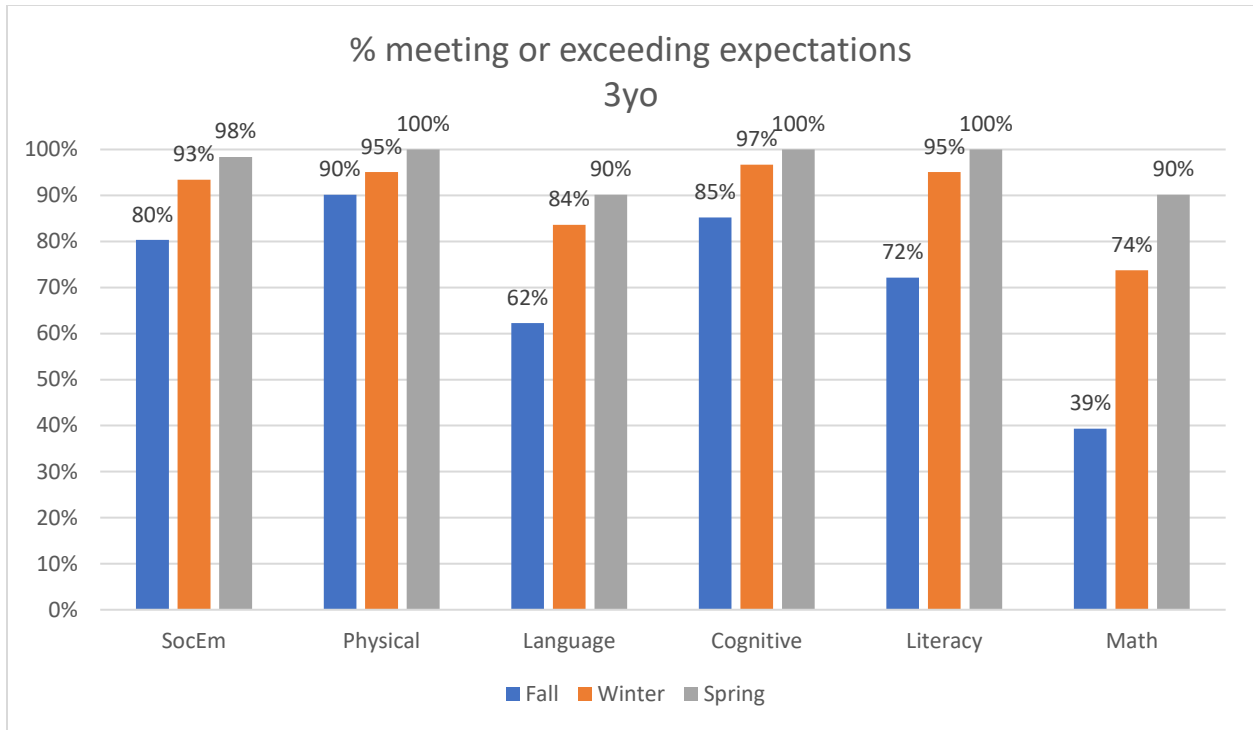
Efforts to Prepare Children for School

The overall program goal for the 2025-26 program year was for 85% of the children to be meeting or exceeding the widely held expectations (meeting or exceeding the color band range for their age) set by the TSGold assessment tool.

Child Progress from Fall 2025 to Spring 2026

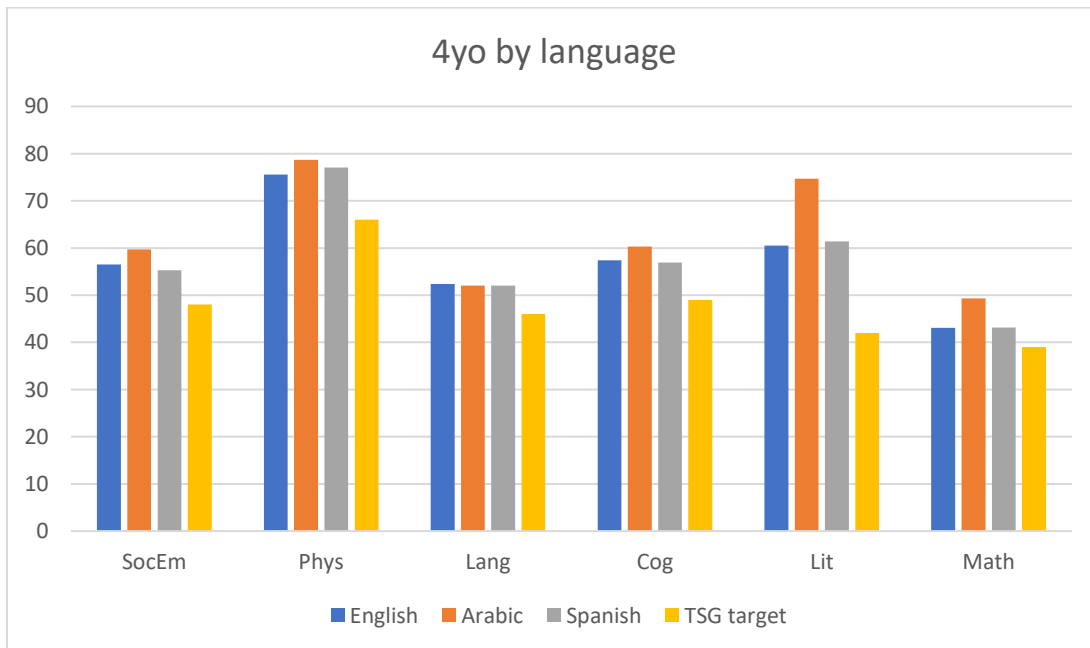
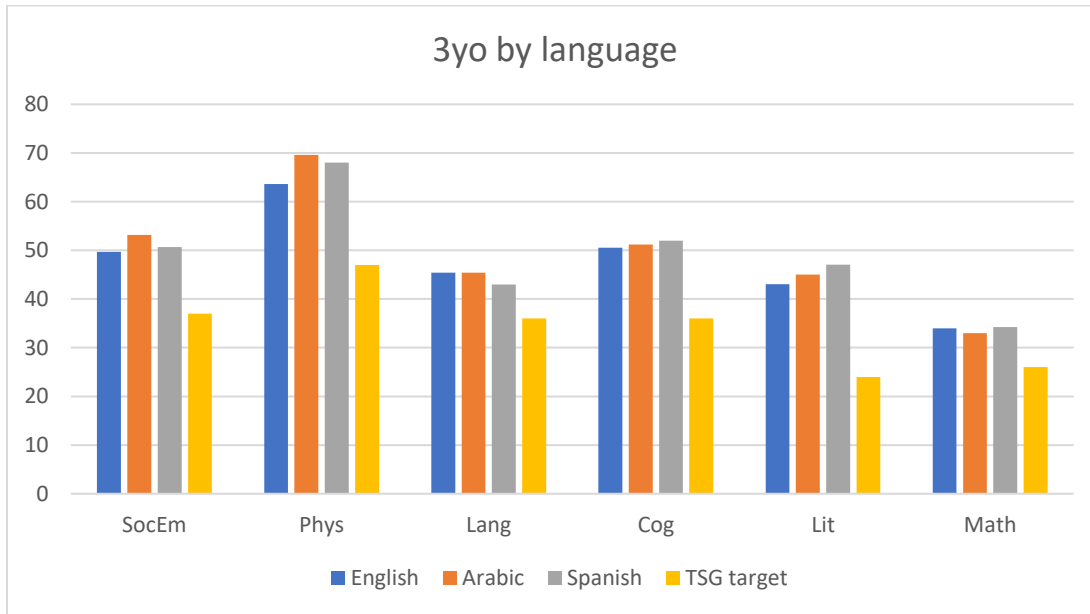
This year's child outcomes data was collected from children enrolled in the full 2025-2026 program year.





Language and child outcomes

Child outcomes for dual language learners were analyzed below. Further breaking out the data by language gives the following results:



Three Rivers Community Action, Inc. Head Start program upgraded its assessment tool to Teaching Strategies Gold in 2011. The upgrade was made to keep up with the new requirements and the need to produce data in a timelier manner. As a member of the Minnesota Head Start Association's Quality Assessment User Group (now called Child and Family Outcomes Group), Three Rivers Head Start followed the User Group's recommendation and adopted Teaching Strategies Gold in order to participate in state-wide School Readiness data collection.

In fall 2013, all staff received training on *Creative Curriculum for Preschool*, 5th Edition (from Teaching Strategies, Inc.), and started implementing the curriculum in their lesson planning. Teachers received additional curriculum training in fall 2015. Teachers also use *Conscious Discipline*, a social-emotional learning and classroom management program which teaches children self-regulations and provides additional support in the Social Emotional developmental area. *Conscious Discipline* parenting education curriculum is also used to improve parenting knowledge and skills, increase parents' ability to manage their own emotions and respond to children's challenging behaviors.

Three Rivers Head Start ensures that data is accurately rated by requiring teaching staff to complete TS Gold's online Inter-rater Reliability certification. Teachers first became certified in fall 2012 and now must be re-certified every two years, contributing to the overall validity of the data.

In addition, Professional Development coordinators complete *Creative Curriculum for Preschool* and *Teaching Strategies Gold Fidelity Tool for Administrators* with each teacher. They began using this fidelity tool in winter 2016.

After data finalization in fall 2021 and winter and spring of 2022, data debrief meetings were held with teaching teams. The week after teachers finalize child outcomes for a checkpoint period, the Education coordinator relays program-wide child outcome information to teaching and administrative staff. The Education coordinator meets individually with teachers about their classroom data so teachers can plan for individualizations and adjust the curriculum to meet children's needs. Additional data is also analyzed with the child outcomes data, including attendance, in-kind calendars, family goals and outcomes, etc.).

Since the 2012-13 winter checkpoint, we have been providing teachers with a report prepared by the data analyst hired by MHSA for the School Readiness project. The report lists children who are at highest risk for not meeting developmental targets for kindergarten, based on their fall checkpoint scores and potential growth mitigated by their risk factors. Teachers use the information to plan individualizations for this small group of children to ensure that they are ready to enter kindergarten by the end of Head Start's program year.

Parent, Family and Community Engagement Report

Year-end 2026

This report is organized according to the seven family outcomes of the PFCE Framework. Families set goals at fall home visits, winter conferences, spring home visits, and spring conferences.

Family Outcome #1: FAMILY WELL-BEING: Parents and families are safe, healthy, and have increased financial security.

- Families set **17 goals** related to
 - Dental care: 1 goal
 - Energy Assistance: 11 goals – 6 completed, 5 families didn't need
 - Health care: 1 goal - completed
 - Mental health: 1 goal - completed
 - Nutrition: 2 goals (eat a variety of foods, eat meals as a family)
 - Transportation: 1 goal - completed



As of June 17, forty-three families whose children are enrolled in Head Start have received \$26,344.00 in Energy Assistance. Four families received \$13,788.13 to cover back rent and utility payments. Twelve families whose children are enrolled in Early Head Start have received \$6,113.00 in Energy Assistance. One family received an additional \$3,684.55 in back rent and utility assistance. That's a total of \$49,929.68.

Through a partnership with the diaper bank at the Community Action Center of Northfield and Faribault, Three Rivers distributed 10,182 sleeves (packages) of diapers to families in our service area (Head Start and Three Rivers outreach families in Rice County plus families participating in Early Head Start home visiting) from May 2025 – April 2026. That's approximately 254,550 diapers.

Data sources: ChildPlus Family Service Event/Family Goal: Family Goal – Other, Family Goal - Well-being, CAP60 (Three Rivers agency-wide database); email with diaper data from CAC



Family Outcome #2: POSITIVE PARENT-CHILD RELATIONSHIPS: Beginning with transitions to parenthood, parents and families develop warm relationships that nurture their child's learning and development.

- Develop warm family relationships (spend more time together, family activities, managing emotions): 23 goals set, 9 completed, 10 partially met
- Literacy-related (read together, Imagination Library): 4 goals set, 2 goals completed, 2 ongoing
- Support children's growing independence: 25 goals / 8 completed

- Potty training – 14 goals set / 7 completed
- Bedtime routine/sleeping – 2 goals set/both partially met
- Do chores/pick up – 6 goals set / 1 completed, 5 partially met
- Other parenting-related – 3 goals set/all partially met

Data sources: ChildPlus Family Service Event/Family Goal: Family Goal – Other, Family Goal – Parent/child, School Readiness Goal - Other

Family Outcome #3: FAMILIES AS LIFELONG EDUCATORS: Parents and families observe, guide, promote, and participate in the everyday learning of their children at home, school, and in their communities.

- Parents set **158 goals** to support their children’s development in **literacy**; **69** were completed.

Literacy area	# goals set	# completed	# partially met	
Recognize name, letters in names or letters in general	72	25	43	
Trace or write names (first name and/or last name) or letters of the alphabet (upper case/lower case)*	50	30	16	
Phonological awareness (letter sounds, sounding out words, rhyming, learn to read)	12	1	5	
Other (language-related): use more language/words, use more English, speak more clearly, speak more Spanish, retell a story, engage in conversations)	24	13	9	

- Parents set **110 goals** to support their children’s learning in **math**; **55** were completed.

	Math area	# goals set	# completed	# partially met
	Count to 5, 10 or higher	37	17	17
	Recognize numbers	43	21	18
	Recognize shapes	24	13	10
	Other (add/subtract, patterns, quantify)	6	4	2

- Parents set **76 goals** in the areas below to support their children’s growth in other areas; **40** were completed.

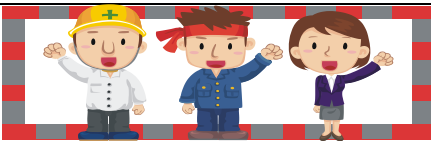
Area		# goals set	# completed	# partially met
Learn colors		21	11	7
Fine motor skills		18	7	11
Social-emotional skills (share, follow directions, name feelings, take turns)		26	16	8
Self-help/independence		6	2	4
Screening, Early Childhood Special Education services		5	4	1

Parents and guardians contributed \$41,635.69 to the in-kind match for our Federal grant by supporting their children's learning at home.

Data sources: ChildPlus Family Service Event/Family Goal: Family Goal – Parent/child, School Readiness Goal – Literacy, Math, Other; ChildPlus in-kind report, Learning Genie in-kind report

Family Outcome #4 FAMILIES AS LEARNERS: Parents and families advance their own learning interests through education, training and other experiences that support their parenting, careers, and life goals.

- Parents set goals for their own learning in the following areas:

	# goals set	# completed
Finish GED	2	0
ESL classes	1	1
total	3	1

Data source: ChildPlus Family Service Event/Family Goal: Family Goal - Learning

Family Outcome #5: FAMILY ENGAGEMENT IN TRANSITIONS: Parents and families support and advocate for their child's learning and development as they transition to new learning environments, including Early Head Start to Head Start, EHS/HS to other early learning environments, and HS to kindergarten through elementary school.

Transition Goal type	# goals set	# completed
Other (to other preK program, transition to summer)	6	4
To Head Start	8	8
To 2 nd /3 rd year Head Start	37	33
To Kindergarten	40	40
total	91	85

Data Source: ChildPlus Family Service Event/Family Goal: Transition Goal – Other, Transition to Head Start, Transition to 2nd/3rd year Head Start, Transition to K

Goals summary: 507 set, 275 (54%) completed

Family Outcome #6: FAMILY CONNECTIONS TO PEERS AND COMMUNITY: Parents and families form connections with peers and mentors in formal or informal social networks that are supportive and/or educational and that enhance social well-being and community life.

Parent and family events

- September:
 - Ice cream socials for children and their families in Northfield (September 17) and Faribault (September 22, 23, 24)
 - Parent-Child Activity Day in Lake City (September 25)
 - Parent coffees at drop-off time in Faribault (September 22), Northfield (September 23) and Red Wing (September 25)
- October:
 - Parent coffees continued at morning drop off in Faribault (October 20), Northfield (October 21) and Red Wing (October 9 & 23).
 - Conscious Discipline Make & Take parent meeting held in Faribault on October 10. Each classroom hosted a different activity, including pizza for lunch. At least 19 families attended.
 - Parent-child activity days in Red Wing October 23 (morning class) and 30 (afternoon class) were very well attended. Parents had fun playing with their children in the classroom!
 - Parent meeting on the book “Managing Emotional Mayhem” on October 23 in Zumbrota. Four families attended and had good discussion. The series continues in December.
- November:
 - Parent coffees continued at morning drop off in Faribault (November 3 & 17), Northfield (November 4 & 18) and Red Wing (November 6 & 20).
 - Conscious Discipline-focused parent meeting in Red Wing (November 20) attended by 6 families.
- December:
 - Coffee for parents at drop-off time in Faribault (12/1), Northfield (12/2) and Red Wing (12/4). Final coffee times for the year will be the week 12/15.
 - Three families attended the 2nd session of Managing Emotional Mayhem in Zumbrota on 12/5.
- January:
 - On January 15, a Wild Thing visited Northfield Head Start. Families completed activities inspired by Maurice Sendak’s *Where the Wild Things Are*, visited the photo booths and ate pizza together.
 - Lots of parents or other family members joined their preschoolers to play in three Faribault classrooms for Parent-Child Activity Days on January 29.

- Parent coffee: Faribault on January 29
- February:
 - There was lots of great discussion at the Red Wing parent meeting “Tips for Using Conscious Discipline at Home” on February 3.
 - Parents and other family members celebrated love and friendship at Parent-Child Activity Days in Northfield classrooms and Red Wing’s afternoon class on February 12.
 - The Rainbow Fish made an appearance in Faribault on the afternoon of February 20. Families took pictures with the Rainbow Fish, made an aquarium snack, played bingo and colored together.
 - Parent coffees: Northfield on February 2, Red Wing on February 3 and Faribault on February 12.
- March:
 - Wild Animal themed parent-child activity day in Zumbrota on March 12.
 - Parent coffees: Northfield on March 11, Faribault on March 12, Red Wing on March 25.
 - Two families attended the 3rd session of Managing Emotional Mayhem in Zumbrota on March 24.
 - Four families attended the third session of “Tips for Using Conscious Discipline at Home” in Red Wing on March 31.
- April:
 - Parent coffees: April 8 & 22 and May 12, Northfield on April 14 & 29 and May 13. Faribault on April 16 and May 11.
 - Managing Emotional Mayhem-focused parent meetings were held in Northfield April 9, 16 and 23.
 - Parent-child activity days were held in the half-day classes in Faribault and in the morning class in Red Wing on April 16.
- May:
 - End of the year celebrations and graduations were held in Lake City on May 8, Faribault, Northfield and Zumbrota on May 14 and in Red Wing on May 15.
- Parent satisfaction survey: We used a Learning Genie survey for the first time this year and got a 30% response rate – 58 parents took the survey. That is more than we’ve collected for the past few years.

Community Engagement

- A foster grandparent from Lutheran Social Service (Red Wing) volunteers in Red Wing morning classroom two days each week.

- A family liaison from Rise Up! Red Wing supports Spanish-speaking families in Red Wing classrooms at home visits, conference and family events.
- The Zumbrota food shelf gave Thanksgiving food baskets to all Zumbrota Head Start families.
- The bikes arrived at the Three Rivers office in Zumbrota on December 8! Thanks to a generous anonymous donor, twelve families received bicycles (2 for home visitors, 5 for Faribault, 2 for Northfield, 2 for Red Wing and 1 for Lake City).
- Three families in Zumbrota received Christmas gifts thanks to Mosaic (car dealership).
- Representatives from Goodhue County Public Health, Rice County Public Health, Covered Bridge Family Resource, Fernbrook Family Center and Headwaters Nutrition Counseling joined a Zumbrota parent and Head Start management staff for our program's Health Advisory meeting on May 21.
- Classroom volunteers
 - Northfield classrooms: 39 St. Olaf students were trained in September and seven in February. Of those, 25 volunteered during the fall semester, nine in January and 22 in the spring semester. Classroom time totaled 297.25 hours.
 - Red Wing classrooms: Two high school students were trained in January and volunteered in classrooms during the spring.
- We received an Early Literacy book grant from Southern Minnesota Initiative Foundation and will be picking up 325 books for children in our program on June 16.



Data sources: Sign-in sheets, in-kind reports from ChildPlus, Learning Genie reports

Family Outcome #7: FAMILIES AS ADVOCATES AND LEADERS: Parents and families participate in leadership development, decision-making, program policy development, or in community and state organizing activities to improve children's development and learning experiences.

- Six Policy Council meetings were held this program year (August, October, November, January, March and May).
- Two new parents joined Policy Council in November (from Faribault and Red Wing).
- A Red Wing parent and her family advocated for our program with their State House representative at Head Start's Day at the Capitol on February 24.

Data sources: Policy Council minutes