

RICE COUNTY: 507-332-6115

Provides a wide range of services. These include educating people through public health efforts, providing safety & protection to the most vulnerable children and adults, providing care for addictions and mental health, and enabling people in Rice County to live independently.

OMBUDSMAN: 651-431-2555

Information and advocacy regarding health care, nursing homes, home care and assisted living.

SENIOR LINKAGE LINE: 800-333-2433

Information about Medicare, Prescription Drug Plans, Long-Term Care Options Counseling, Senior Housing & Referrals.

MINNESOTA ADULT ABUSE REPORTING CENTER (MAARC): 844-880-1574

Statewide common entry point available 24/7 for reporting suspected maltreatment of vulnerable adults.

THREE RIVERS COMMUNITY

ACTION: 800-277-8418

Advocates are available for 1:1 visits to help identify needs, provide information and referral to community, state, and federal services. Provide education and support to caregivers to enhance their well-being.

CONTACT YOUR ADVOCATE TODAY!

Carla Pearson, LSW

Senior Program Coordinator
800-277-8418, ext. 328

CPEARSON@THREERIVERSCAP.ORG

Rice /Western Goodhue Counties

Randi Callahan, LSW

Family Advocacy Services Specialist
800-277-8418, ext. 112

RCALLAHAN@THREERIVERSCAP.ORG

Wabasha/Eastern Goodhue Counties

Senior Services in Rice County



ADULT DAY SERVICES

Vital Link Northfield: 507-645-6611

FOOD

Northfield Food Shelf: 507-664-3550

Faribault Food Shelf: 507-334-2137

Northfield Community Meal: 507-664-3550

Faribault Community Meal: 507-334-7732

Lonsdale Food Shelf: 507-744-7453

Faribault St. Vincent DePaul 507-334-2100

Community Meal Faribault: 651-388-3262

Faribault Meals on Wheels: 507-732-8528

Northfield Meals on Wheels: 507-646-1022

Minnesota Food Helpline: 1-888-711-1151

NAPS: 877-500-8699

HOME HEALTH CARE / HOMEMAKING / COMPANIONSHIP

Aseracare: 612-400-9926

Home Instead: 507-285-1700

Prairie River: 800-711-0509

Visiting Angels: 800-365-4189

Northfield Home Care: 507-646-1457

Rice County Public Health: 507-332-6111

HANDY MAN SERVICES

K&K Handyman: 507-339-7361

HOSPICE

Heartland: 507-292-1170

Northfield Hospice: 507-646-1314

Home Care Link: 507-403-2947

LEGAL

Southern MN Legal Services: 888-575-2954

MEDICAL ALERT

Fairview Lifeline: 866- 827-5039

Mayo Clinic Lifeline: 507-255-6908

Personal Emergency Response: 888-303-9354

Phillips Lifeline: 855-655-4400 ext. 55081

TRANSPORTATION

Handivan: 507-281-3600

Hiawathaland Transit: 866-623-7505

R&S Transport: 800-656-5080

Medical Rides to VA: 651-385-3256

SENIOR DINING

SEMCAC:

Northfield: 507-664-3735

Faribault: 507-332-7680

SENIOR SERVICES

TRCA Senior Advocates: 507-732-7391

Faribault Senior Center: 507-332-7357

Northfield Senior Center: 507-664-3700

Senior Linkage Line: 800-333-2433

SNOW REMOVAL/LAWN CARE

B & B Excavating: 507-334-9203

Almen Services: 507-663-7930

TAXES

Northfield Senior Center: 507-664-3700

RESPIRE/MEMORY CARE

Brookdale Senior Living: 507-333-2559

Deaconess Tower: 507-332-5158

Heritage House: 507-332-6761

Milestone Senior Living: 507-331-2748

Northfield Retirement: 507-645-9511

Three Links Campus: 507-664-8800