

Head Start Times



February
Zumbrota
Issue 6 of 9

Theme: Winter Fun! –

snowmen, dressing for the weather,
gingerbread, ice and snow

Activities in the Classroom: We will be matching mittens, painting in the snow, playing in a bakery in the dramatic play area and using ice and snow in the sensory table

Words We Are Using:

Books We Are Reading

Snowballs by Lois Ehlert

The Jacket I Wear in the Snow
by Shirley Neitzel

Gingerbread Boy by Paul Galdone

Froggy Get's Dressed by
Jonathan London

Check them out at your local library!

Upcoming Events

Classroom Announcements:

- *There will be NO CLASSES on Monday, February 15th
- *We will continue to go outside daily as long as the temperature is above 0 degrees, please dress your child appropriately

Upcoming Field Trips:

- *Our monthly trip to the library will be on Tuesday, February 9th

Local Family Activities

- *Zumbrota/Mazeppa Early Childhood Expo will be on Saturday, February 20th from 9:00 – 11:00 AM

Parent Committee Meeting

When: Thursday, February 18th (5:30 – 7:00 PM)

Where: Zumbrota-Mazeppa school gym

What: We will be having a family fun night at the Z/M gym where you and your child can come enjoy some time playing together with some of the gym equipment.....come get those winter wiggles out!

Recipe of the Month



GRAHAM CRACKER FACE-UPS

1 graham cracker
1 tablespoon peanut butter
Add-ons: 1/4 banana, sliced; 2
tablespoons applesauce, 2
tablespoons crushed pineapple
Sprinkle-ons: 1 teaspoon each of
raisins, sunflower seeds, crisp rice
cereal, granola, coconut

Break each graham cracker into two squares. Using a table knife, spread each square with peanut butter. Select one of the add-ons to spread on top of cracker. Sprinkle one or more of the sprinkle-ons on top.

Fingerplay Fun!

Mittens

Thumb in the thumb place (show thumbs alone facing up),

Fingers all together (put fingers out with thumb still up so that it looks like a mitten).

These are the things that we wear in mitten weather (move "mittens" back and forth).

Nursery Rhyme Time!

The Muffin Man

Oh do you know the muffin man, the muffin man, the muffin man.

Oh do you know the muffin man,
Who lives on Drury Lane?

Oh yes I know the muffin man, the muffin man, the muffin man.

Oh yes I know the muffin man,
Who lives on Drury Lane.

Here's what you can do with your child at home!

Alphabet Matchup

Materials: clothespins, paper, tape, pen or markers, old magazines, scissors

Directions

*Write the letters of the alphabet on small pieces of paper and tape them to clothespins, or print the letters right on the clothespins.

*Cut out magazine pictures, one for each letter of the alphabet, and have your child match the clothespin letters to the beginning sounds of the objects in the pictures.

*Clip the clothespins to the corresponding pictures.

Food Count

Materials: Empty egg carton Pen or marker
Small food items (raisins, cereal, chocolate chips, candies)

Directions:

*Write the numbers 1 to 12 on the individual sections of an egg carton.

*Have your child count out each number using small food items.

*Then have her fill the numbered section with the correct number of items.

*Once the sections are filled, work in reverse, having your child identify each number, count the pieces. then eat them!



At Home Activity



*Turn on the radio and dance to your favorite music

*Make an indoor bowling alley with homemade pins (made from empty plastic milk jugs, juice bottles or cereal boxes) and a small soft rubber ball.

*Shoot toys into a toy basket when cleaning up

Here is an activity you can do with your child at home that will get them on their feet and active!!