

# Head Start Times

February  
Wabasha  
Issue 6 of 9

## Theme: Exploring Our World

**Activities in the Classroom:** We will be having some *Monster Fun* in the classroom and talking about our fears, using our imagination and deciding what is "real and not-real." Pajama Day will be Thurs, Feb 11<sup>th</sup> and we will be having Dr Mann, who is a local dentist, come talk to our class on Thurs, Feb 18<sup>th</sup> about dental health.

**Words We Are Using:** imagination, explore, dinosaurs, outer space, monster, scared

## Books We Are Reading

The Gruffalo by Julia Donaldson  
Where the Wild Things Are by Maurice Sendak  
Oliver Who Would Not Sleep by Mara Bergman  
10 Terrible Dinosaurs by Paul Stickland  
The Gruffalo's Child by Julia Donaldson

Check them out at your local library!

## Upcoming Events

### Classroom Announcements:

**\*NO CLASSES Monday, February 15<sup>th</sup>**

\*We will be having Pajama Day on Thursday, Feb 11<sup>th</sup> to go along with our story "Where the Wild Things Are" ...so send your child to school in their most comfy PJ's!

\*Please remember that we do not celebrate Valentine's Day in our class so children should not bring Valentine's to pass out.

\*Wabasha Kindergarten Round-Up will be March 1<sup>st</sup> at 6:30 PM. Plainview and Lake City will have Kindergarten information meetings as well but the time is yet to be announced. Watch for registration papers in the mail if you will have a child entering Kindergarten next fall.

\*Please keep toys at home (unless your child is star of the week) A book can be put in their backpacks if they get bored on the bus.

### Local Family Activities:

Wabasha will have Grumpy Old Men Days on February 26<sup>th</sup>. Look in the local paper for a list and times of events.

### Parent Committee Meeting

**When:** Friday, February 26<sup>th</sup> from 9:30 – 11:00

**Where:** Wabasha Head Start center

**What:** Andrea Smothers from Covered Bridge Family Resources will be speaking

## Recipe of the Month



### GRAHAM CRACKER FACE-UPS

1 graham cracker  
1 tablespoon peanut butter  
Add-ons: 1/4 banana, sliced; 2 tablespoons applesauce, 2 tablespoons crushed pineapple  
Sprinkle-ons: 1 teaspoon each of raisins, sunflower seeds, crisp rice cereal, granola, coconut

Break each graham cracker into two squares. Using a table knife, spread each square with peanut butter. Select one of the add-ons to spread on top of cracker. Sprinkle one or more of the sprinkle-ons on top.

## Fingerplay Fun!

### Mittens

Thumb in the thumb place (show thumbs alone facing up),

Fingers all together (put fingers out with thumb still up so that it looks like a mitten).

These are the things that we wear in mitten weather (move "mittens" back and forth).

## Nursery Rhyme Time!

### Hickory Dickory Dock

Hickory dickory dock,  
the mouse ran up the clock.  
The clock struck one,  
The mouse ran down,  
Hickory dickory dock.

### Here's what you can do with your child at home!

#### Alphabet Matchup

Materials: clothespins, paper, tape, pen or markers, old magazines, scissors

#### Directions

- \*Write the letters of the alphabet on small pieces of paper and tape them to clothespins, or print the letters right on the clothespins.
- \*Cut out magazine pictures, one for each letter of the alphabet, and have your child match the clothespin letters to the beginning sounds of the objects in the pictures.
- \*Clip the clothespins to the corresponding pictures.

#### Food Count

Materials: Empty egg carton Pen or marker  
Small food items (raisins, cereal, chocolate chips, candies)

#### Directions:

- \*Write the numbers 1 to 12 on the individual sections of an egg carton.
- \*Have your child count out each number using small food items.
- \*Then have her fill the numbered section with the correct number of items.
- \*Once the sections are filled, work in reverse, having your child identify each number, count the pieces. then eat them!

#### At Home Activity



**Here is an activity you can do with your child at home that will get them on their feet and active!!**

\*Turn on the radio and dance to your favorite music

\*Make an indoor bowling alley with homemade pins (made from empty plastic milk jugs, juice bottles or cereal boxes) and a small soft rubber ball.

\*Shoot toys into a toy basket when cleaning up