



# Head Start Times



**January**  
**Red Wing**  
Issue 5 of 9

**Theme:** Winter clothing, snow, arctic animals and gingerbread

**Activities in the Classroom:** We will be learning about the letters W, S, I and G this month. We will be going sledding outside, making snow flakes, going on a mitten hunt and making a snowman snack using a bagel

**Words We Are Using:** snowpants, jacket, hat, mittens, boots, ice, snow, winter, frozen, penguin, polar bear, baking

## Books We Are Reading

The Jacket I Wear in the Snow  
by Shirley Netzel  
The Mitten by Jan Brett  
The Snowy Day by Ezra Jack Keats  
Gingerbread Baby by Jan Brett  
Snowballs by Lois Ehlert  
Snowmen at Night by Caralyn Buehner

**Check them out at your local library!**

## Upcoming Events

### Classroom Announcements:

\*Conference will be held on January 22<sup>nd</sup>, watch for more info to come home in your child's backpack about sign up for conference times

\*Head Start **does not** have classes on Monday, January 18<sup>th</sup>. Head Start **does have** classes on the January 25<sup>th</sup> even though the Red Wing schools are closed.

### Family Activity Day:

\*Come join your child in our classroom on January 21<sup>st</sup> for a Family activity day, the theme will be Arctic Animals. A notice will be sent home with the times for each class. We are not able to have siblings in the classroom during this event so please make other arrangements for child care.

### Local Family Activities

\*Colvill Family Read-In Night will be Thursday, January 28<sup>th</sup> at 6:15. 2 free books will be given to each family and the theme of the night is "Teddy Bear Picnic"

### Parent Center Committee Meeting:

**Date and time to be announced, watch for more info. in your child's backpack**

## Recipe of the Month



### WIGGLY FINGER WONDERFULS

You can substitute grape juice or cranberry juice for the pineapple and orange juice.

3 packages unflavored gelatin  
3/4 cup pineapple juice  
1 cup boiling water  
1 cup orange juice

Soften gelatin in a little pineapple juice. Add 1 cup boiling water slowly, stirring constantly until gelatin is dissolved. Add remaining juices. Pour into 9 X 12 inch pan. Chill until set. Cut into finger lengths. Store in covered container in refrigerator. Makes 72 pieces, each having 4 calories, 3 mg vitamin C, and 0 mg sodium

## Fingerplay Fun!

### Chubby Little Snowman

A chubby little snowman had a carrot nose. *(form snowman with right fist)*

Along came a bunny and what do you suppose?  
*(hold up two fingers on other hand for bunny ears and hop to the snowman)*

The hungry little bunny, looking for his lunch, ate that snowman's carrot nose, nibble, nibble crunch!  
*(bunny grabs snowman's nose and nibbles on it)*

## Nursery Rhyme Time!

### 3 Little Kittens

3 little kittens, they lost their mittens  
and they began to cry.

Oh mother dear, we sadly fear, our mittens  
we have lost!

Lost your mittens, you silly kittens,  
then you shall have no pie.

Meow, meow, meow,  
then you shall have no pie.

## Here's what you can do with your child at home!

### Show your child how you use reading and writing in your everyday activities.

\*When you make a list or leave a note for someone, or when you read the newspaper, a map, or a menu, your child sees that reading and writing are useful!

\*Talk with your child about signs, schedules, newspapers, and books, and encourage her to try reading them.

\*Read aloud to your child. Don't know what to read? Your librarian can help.

\*Visit the library, and help your youngster get a library card as soon as she can.

### Encourage children to draw, write, and use books for fun and learning.

\*Keep books, magazines, and games at home where your child can use them.

\*Keep materials for drawing and writing where your child can use them.

\*When your child draws, ask him to tell you about the picture.

\*Write his words down so he can go back to them and "read" them himself.



### At Home Activity



### Beanbag Balance

When it comes to balancing activities, this is an all-time favorite for children.

Place a beanbag or a small, soft toy on your child's head. Invite her to walk from one point in the room to another without dropping the beanbag. If she has to, she can hold on to it at first.

Also:

Ask her to balance the beanbag as she walks both slowly and quickly, in different directions (forward, backward, or sideward), and in different pathways (straight, curving, and zigzagging).

Invite her to try balancing the beanbag on other body parts, like a hand, shoulder, or elbow.

**Here is an activity you can do with your child at home that will get them on their feet and active!!**